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“Cheers to a new year
and another chance
for us to get it right.”

- Oprah Winfrey

PASSION BEHIND
THE PROFESSION

**Himansu
Shah, M.D., FACS**
Helping patients
love their bodies

**clean
SLATE**

Jump-Start your new-year,
become an action-figure
with the ultimate fitness plan

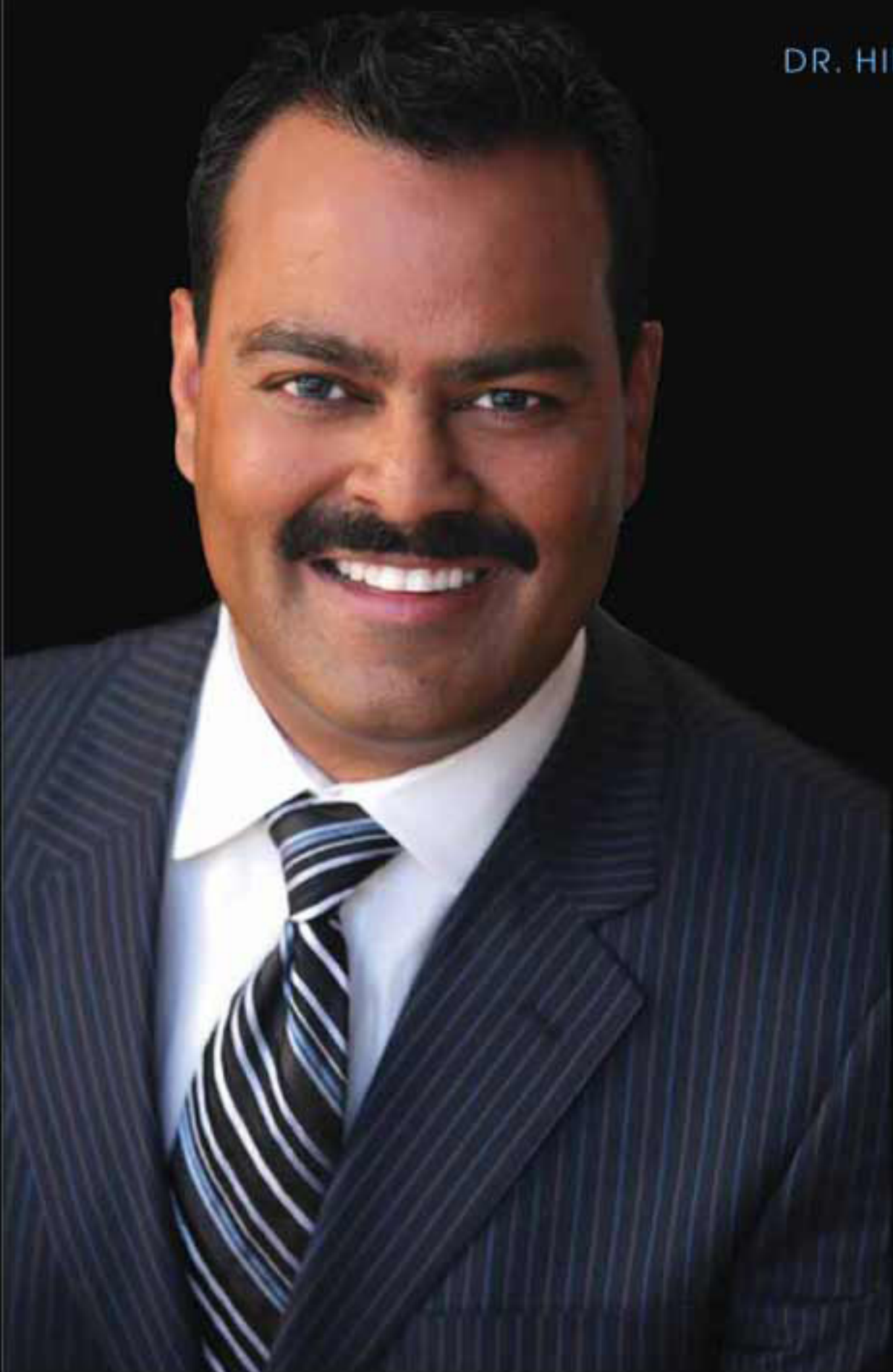
**Refresh Your
Resolutions**

DR. HIMANSU SHAH

YOU HAVE PROBABLY BEEN TO A DOCTOR WHO RUSHES YOU IN AND OUT,

doesn't know a thing about you, and is lucky to remember your name. Maybe that's okay if you're just there for Strep Throat. But when it comes to something like plastic surgery, you probably want a doctor who displays genuine care and concern for you. That's just one of the things that makes Dr. Himansu Shah so unique. It's important to him to spend enough time with his patients to make sure he understands their wants and needs before making hasty recommendations or jumping into surgery. He listens to their concerns, informs them of their options, helps them set realistic goals, and supports them from start to finish.

"I strive to be as compassionate as I can be, to discuss all the options and educate my patients so they know exactly what they're getting into," he said. "You can't rush somebody through one of the most important decisions of their life, something they may have saved their money for and dreamed of doing for a very long time."



making dreams come true

It's more than cosmetic surgery. It's more than a simple procedure. It's a life-changing experience. Healthy Las Vegas interviews the MC of plastic surgery — master crafter that is, Himansu Shah, M.D., F.A.C.S., Signature Institute of Aesthetic Sculpting.

Written by Chelsie Lewis

As a very skilled reconstructive plastic surgeon, Dr. Shah is an experienced sculptor of the human body. He has changed the lives of many by restoring confidence in people who have been uncomfortable or ashamed about one or more of their physical features. One of Dr. Shah's gifts is seeing beyond scars, weight, and even deformities to the beauty that lies just beneath the surface. His goal is to help his patients see their own beauty as he restores or creates it.

"I may not be able to make you look like someone else, but I can make you look much better," he said. "And what's wrong with being you? You always have features that are beautiful compared to someone else's. There is beauty in everyone."

COSMETIC AND RECONSTRUCTIVE

SURGERY IS A BIG DEAL and not something you should rush into without doing your homework first. According to Dr. Himansu Shah, one of the most important things to look for in a doctor is that he or she is board certified. Dr. Shah is double boarded by The American Board of Plastic Surgery and The American Board of Surgery. He says that a surgery is a delicate balance of art and science and believes that the most important aspect of successful plastic surgery is the surgeon. In addition to certifications, make sure you trust and feel comfortable with the doctor you choose.

Dr. Himansu Shah is respected by his patients, his community, and his colleagues for his warm, caring, and compassionate nature. He is passionate about his career has devoted himself to giving his patients the attention and care they want and deserve. According to Dr. Shah, nothing feels better than helping people feel good about themselves.

HERE IS WHAT TWO OF DR. SHAH'S PATIENTS HAVE TO SAY ABOUT HIM:

D. STIGLAR, BREAST ENHANCEMENT

"I was nervous, like anybody would be, but he is a person you can really trust. He takes the time with his patients to really explain things. And he gave me his honest opinion. When I told him what size I wanted, he said he didn't think I should go that big, that I should have what looks most natural for me. He helped me all the way through it. I am very happy. He did such a good job and it does look and feel natural. No one would ever know. I was so surprised, because when I went in, I was getting married, and when I went back for the follow-up, he remembered that and even the day. Most doctors can hardly remember who you are. When I had the surgery, he called me that night to make sure I was doing okay and the next day he called to make sure. I think it definitely makes a difference and he'd be the first I'd recommend to anybody else."

BRUCE GREELY, BODY LIFT

"It was fantastic - he was fantastic. His bedside manner was incredible. I missed one of my follow up appointments when I had the knee replaced, and he called me up and asked where I was. I was really impressed. And a doctor like Dr. Shah helps you with the mental well-being too. He is very meticulous in what he does, a hell of a nice man, and I wish him all the best."

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